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## Kathleen Kamal Raisani Foundation (KKRF)

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### Annual Report 2023-2024



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## **FOUNDATION OVERVIEW:**

<b>Name:</b>	Kathleen Kamal Raisani Foundation (KKRF)
<b>Working Since:</b>	2007
<b>Registered with:</b>	Balochistan Charities Registration & Regulation Authority (BCRA)
<b>Registration Number:</b>	BCRA-115616
<b>Registration With:</b>	Federal Board of Revenue (FBR)
<b>Registration Number:</b>	B445602
<b>Focus Area:</b>	Primarily Balochistan, but also Pakistan in various fields
<b>Consortium Partnership:</b>	KKRF in collaboration with the Balochistan Educational and Economic Development Society (BEEDS) focuses on development initiatives across Balochistan.
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## **Mission & Vision:**

### **Mission:**

The **Kathleen Kamal Raisani Foundation** is dedicated to creating a positive and lasting impact on society by promoting social welfare, economic upliftment, and the empowerment of disadvantaged individuals. The foundation's work focuses particularly on empowering women and children from economically challenged backgrounds. Through various meticulously planned initiatives, KKRF seeks to uplift these groups, with a special emphasis on youth empowerment through skill development training and professional skill programs.

### **Vision:**

KKRF envisions a society where every individual, regardless of economic status, is afforded the opportunity to lead a dignified and empowered life. The foundation's charitable initiatives and social welfare programs aim to uplift communities, reduce poverty, and foster a culture of self-sufficiency, ensuring lasting societal transformation.

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### CEO's Message:



Welcome to the **Kathleen Kamal Raisani Foundation** (KKRF). As CEO, I have the privilege of leading an organization founded by the visionary **Kathleen Kamal Raisani**. Her relentless commitment to empowering women, particularly the underprivileged in Balochistan, has transformed countless lives.

Kathleen's legacy is a living testament to her belief in equality and empowerment. Through her groundbreaking efforts, women have been empowered to become successful entrepreneurs both locally and internationally. As we continue her mission, KKRF remains focused on breaking the cycle of poverty, promoting financial independence, and creating

sustainable solutions for community challenges.

Our foundation emphasizes economic upliftment, skill development, and professional training, particularly for women and children. By providing education, healthcare, and vocational training, we aim to ensure that every individual has the tools they need to lead an empowered life. With gender equality as a cornerstone of our activities, KKRF also advocates for the marginalized, aiming to create a society where self-sufficiency and empowerment can flourish.

I invite you to join us on this transformative journey to break barriers, uplift communities, and build a more equitable and empowered world.

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## Our Journey Since 2007: A Legacy of Service and Empowerment

The Kathleen Kamal Raisani Foundation (KKRF) began its mission in 2007, working under the guidance of the **Balochistan Educational and Economic Development Society (BEEDS)** to uplift vulnerable communities across Balochistan. This partnership has enabled KKRF to grow into a leading organization addressing the educational, economic, and social challenges in the region. Rooted in a deep commitment to service, the foundation has worked hand-in-hand with local communities, enhancing access to education, promoting economic empowerment, and providing humanitarian relief.

### Expansion of Services and Early Initiatives:

Since its inception, KKRF has strategically expanded its programs, focusing on the welfare of disadvantaged individuals, particularly women and children. These efforts include **education and vocational training programs**, which aim to empower communities by providing them with the tools and knowledge needed to thrive. By working collaboratively with **BEEDS**, the foundation has reached numerous communities across Balochistan, addressing the pressing needs in rural and underserved areas.

### Emergency Response and Relief Distribution (2022):

In 2022, KKRF demonstrated its strong commitment to humanitarian aid through swift and targeted disaster response activities. Following heavy rains and floods in Balochistan, which severely affected the people of **Sohbatpur** and **Quetta**, the foundation stepped up to provide life-saving assistance. On **September 24, 2022**, KKRF distributed **essential relief items**, including:

- **Blankets**
- **Warm clothes**
- **Crockery** for families affected by the flooding.

This relief effort provided much-needed support to **15 flood-affected families**, ensuring their basic needs were met during a time of crisis. Earlier, under the leadership of **CEO Zulekha Raisani** and the guidance of **Dr. Kamal Raisani**, KKRF had also distributed:

- **Clean drinking water**
- **Dry food items**
- **Rations** to flood victims, reinforcing its reputation as a reliable partner in emergency response.

### Ongoing Activities:

Throughout its journey, KKRF has continued to evolve and grow, establishing itself as a vital force for change in Balochistan. Key activities in recent years include:

#### 1. Free Medical Camps:

- **September 14, 2023:** A free medical camp was held at **BHU Jalab Gandan** in **Tehsil Dasht, District Mastung**, where **481 attendees** received medical services, health education, and COVID-19 awareness.
- **October 29, 2023:** Another free medical camp took place in **Kuruk, Sibi**, treating over **500 patients** and providing them with free medicines. These camps are part of the



foundation's ongoing commitment to improving healthcare access for underserved communities.

## 2. Empowering Women through Awareness and Resources:

KKRF has also focused on **women's empowerment** and gender equality. In **2023**, the foundation organized:

- **An awareness session for female home-based workers in Killi Almas, Jhatak Abad, Quetta**, focusing on **gender-based violence, legislative protections, and women's empowerment**.
- **Distribution of health and hygiene kits** in Quetta, where over **500 women** received essential supplies, coupled with training on hygiene practices. These efforts highlight the foundation's holistic approach to supporting women's health and wellbeing.

## 3. Collaboration and Future Plans:

KKRF's collaboration with BEEDS has been ongoing since **2003**, with a continued focus on **education** and **economic development** in Balochistan. Looking forward, the foundation plans to launch new initiatives in **education, healthcare, economic empowerment, emergency response, and environmental conservation**, ensuring it remains a pillar of support for the region's most vulnerable populations.

In 2024, the foundation hosted key meetings and events, strengthening its partnerships and advocating for **women's rights and empowerment**. Notably:

- **April 28, 2024:** Provincial Adviser for Women's Development **Dr. Rubaba Buledi** addressed an executive board meeting chaired by **Dr. Kamal Raisani**, acknowledging KKRF's significant contributions to women's empowerment and welfare.
- **September 5, 2024:** A meeting with **Dr. Rababa Khan Bilidi**, Adviser to Chief Minister Balochistan, discussed potential programs to enhance **women's facilities, overseas skills opportunities, and financial literacy**, furthering the foundation's long-term goals of social upliftment.

## National Women Expo 2022: Empowering Women Entrepreneurs:

Another milestone in KKRF's journey was its role in organizing the **National Women Expo 2022**. This Expo, themed '**Mari Pahchan**', was designed to promote **business and earning opportunities** for women across Balochistan. Women showcased their **handicrafts, embroidery, and homemade items**, participating from multiple provinces. The Expo served as a platform for women to gain visibility, improve their economic standing, and connect with larger markets.

## Conclusion:

As KKRF reflects on its **17-year journey**, it celebrates numerous accomplishments across Balochistan. From **disaster relief** to **women's empowerment** and **healthcare**, the foundation has remained steadfast in its commitment to improving the lives of marginalized individuals. The foundation's mission to uplift communities through education, welfare, and empowerment continues to inspire its future endeavors, with a focus on expanding its reach and deepening its impact across Balochistan and beyond.



## Empowering Generations: The Legacy of Kathleen Kamal Raisani:



The **Kathleen Kamal Raisani Foundation** stands as a testament to the enduring legacy of its founder, **Kathleen Kamal Raisani**. Her work in women's empowerment and entrepreneurship, particularly in Balochistan, has left a lasting impact. Internationally recognized for her efforts in advocating for equality, Kathleen's influence continues to inspire women to succeed in various entrepreneurial fields.

Kathleen's vision transcends borders, and her expertise in handcrafted arts helped women in **Tuscaloosa, USA** shape thriving businesses. Her legacy lives on as a symbol of empowerment, and her influence continues to inspire new generations of women to break boundaries and succeed.

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### **Aims & Objectives:**

1. **Economic Upliftment:** The foundation aims to uplift the economic status of disadvantaged individuals, focusing on breaking the cycle of poverty. Through financial support, vocational training, and entrepreneurial opportunities, KKRF seeks to empower women, children, and youth to become self-sufficient and financially independent.
  2. **Empowerment of Women and Children:** A key objective of KKRF is the empowerment of women and children, particularly those from vulnerable and marginalized backgrounds. The foundation provides access to education, healthcare, and skill development, enabling these individuals to lead empowered lives and contribute to their communities.
  3. **Youth Empowerment:** The foundation believes in the potential of young people as catalysts for societal change. By offering skill development programs, vocational training, and mentorship, KKRF aims to prepare youth to build successful careers and positively contribute to society.
  4. **Skill Development Programs:** KKRF focuses on practical skill development tailored to the needs of the community. These programs enhance employability and foster entrepreneurial abilities, covering various fields such as technology, agriculture, and crafts.
  5. **Professional Skill Programs:** Beyond basic vocational skills, KKRF offers professional skill programs to equip individuals with advanced expertise required in different industries, building a pool of skilled professionals and enhancing job market readiness.
  6. **Social Welfare Initiatives:** The foundation undertakes a broad range of social welfare activities. These include providing access to healthcare, food, and shelter for underprivileged individuals, improving their well-being, and ensuring a better quality of life.
  7. **Community Development:** Through community development projects, KKRF addresses local challenges with sustainable solutions. By collaborating with local organizations and stakeholders, the foundation ensures the long-term growth and improvement of communities across Balochistan.
  8. **Promoting Gender Equality:** KKRF is dedicated to promoting gender equality and women's empowerment at every level. The foundation fosters an environment where women can thrive, lead, and actively contribute to societal growth.
  9. **Advocacy and Awareness:** The foundation raises awareness about social and economic issues, especially those affecting marginalized sections of society. KKRF advocates for policies and initiatives that support the welfare and empowerment of disadvantaged individuals.
  10. **Partnerships and Collaborations:** KKRF actively seeks partnerships with government bodies, NGOs, corporate entities, and other stakeholders. Through collaboration, the foundation aims to maximize resources and impact, working towards achieving its objectives on a larger scale.
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**KEY ACHIEVEMENTS AND ACTIVITIES:****1. Collaboration with BEEDS: Strengthening Educational and Economic Development Since 2007**

Since its inception, the Kathleen Kamal Raisani Foundation has been in a long-standing partnership with the Balochistan Educational and Economic Development Society (BEEDS). This collaboration, established in 2007, focuses on addressing the critical educational and economic development challenges in Balochistan. Through joint initiatives, KKRF and BEEDS have worked to uplift underprivileged communities, providing access to education, vocational training, and economic opportunities. The consortium's work is rooted in the belief that education is key to breaking the cycle of poverty, particularly in rural areas where resources are scarce. By empowering individuals with education and skills, KKRF and BEEDS aim to create sustainable economic opportunities that contribute to the overall development of the region.

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## 2. Emergency Relief Distribution in Sohbatpur - September 24, 2022

In response to the devastating rains and floods that impacted Balochistan in 2022, KKRF swiftly mobilized to provide emergency relief to the affected communities. On September 24, 2022, the foundation distributed essential goods, including blankets, warm clothes, and crockery, to 15 families in Sohbatpur, Quetta, who had lost their homes and belongings in the floods. This emergency relief effort, led by CEO Zulekha Raisani and guided by Dr. Kamal Raisani, was part of KKRF's broader commitment to providing immediate support during natural disasters. Earlier in the relief efforts, the foundation had already delivered clean drinking water, dry food items, and rations to the flood victims, ensuring that their basic needs were met during this challenging time. The initiative highlighted KKRF's unwavering dedication to supporting rain-affected citizens and its continued focus on disaster relief and emergency response in Balochistan.



### 3. National Women Expo 2022 Concludes with a Commitment to Empower Balochistan's Women

**Activity Report:** The Kathleen Kamal Raisani Foundation (KKRF) played a pivotal role in organizing the first two-day National Women Expo 2022, themed "Mari Pahchan," which aimed to create financial opportunities for women in Balochistan. Held in Quetta, the expo showcased the rich cultural diversity of the region through handicrafts, embroidery, and homemade items. Women from Sindh, Punjab, Khyber Pakhtunkhwa, and Balochistan participated, exchanging ideas and learning from each other's work.

The Parliamentary Secretary on Information and Social Welfare, Ms. Bushra Rind, praised the expo's success at the concluding session, reaffirming the provincial government's commitment to empowering women. She highlighted various government schemes designed to support women's financial independence, commending the expo as a vital platform for fostering interaction among women from different provinces.

Zulekha Raisani, Chief Executive of KKRF, emphasized that the expo's primary goal was to provide business and income-generating opportunities for the women of Balochistan. The event, co-organized with Gicheen Doch and Muneeba's Collection, reflected KKRF's mission of uplifting and economically empowering women through creative and collaborative endeavors.

This successful event has strengthened the foundation's vision of bringing financial independence to women in remote and underserved areas, supporting the province's growth by empowering its women.



#### 4. A Tribute to Kathleen Kamal Raisani (Late): Honoring a Legacy of Empowerment



During the National Women Expo 2022, a special tribute was paid to Kathleen Kamal Raisani (late), the inspiring figure behind the Kathleen Kamal Raisani Foundation (KKRF). Known for her unwavering commitment to the empowerment of women in Balochistan, Kathleen's work transcended regional boundaries, leaving an indelible mark both nationally and internationally. Her legacy is one of compassion, resilience, and a deep desire to uplift women, particularly those who have been marginalized and underserved.

The tribute was led by Doch, Gichain Doch, and Muneeba's Collection, alongside the Kathleen Kamal Raisani Foundation, in recognition of Kathleen's tireless efforts to promote women's development. Kathleen's mission was not just about charity—it was about ensuring that women had the tools and resources to transform their lives. She believed in the strength and potential of Balochistan's women and dedicated her life to creating opportunities for their economic and social growth.

As noted during the tribute, "Kathleen Raisani was a name synonymous with constant struggle and unwavering dedication to the cause of women's empowerment. Even in her absence, her work continues as per her wish." This sentiment reflects the ongoing commitment of KKRF to continue Kathleen's vision, ensuring that her work lives on, benefiting generations to come. Her passing has not dimmed the impact she has had on women's development in the region; instead, it has inspired a renewed dedication to fulfilling her dreams.

Today's businesswomen, artisans, and entrepreneurs in Balochistan are a testament to Kathleen's legacy. They walk the path she helped create, finding strength and opportunity through the initiatives she set in motion. Through KKRF and its ongoing projects, Kathleen's vision of empowering women remains alive and thriving, driving economic and social change across Balochistan and beyond.

The tribute concluded with heartfelt words: "Kathleen is not with us today, but her work will keep her alive among us forever." This powerful acknowledgment of her lasting influence underscores the foundation's commitment to ensuring that her dreams for the women of Balochistan are realized. The National Women Expo 2022 stood as a fitting platform to honor her contributions and remind everyone of the far-reaching impact she made in her lifetime.

##### 5. Free Medical Camp in BHU Jalab Gandan:

- Date: September 14, 2023
- Location: Tehsil Dasht, District Mastung
- Services: General check-ups, consultations, medicine distribution, and health education on hygiene, vaccinations, and nutrition.
- Impact: Treated 481 attendees, showcasing the foundation's commitment to healthcare accessibility.

##### Recap of Free Medical Camp at BHU Jalab Gandan

The Kathleen Kamal Raisani Foundation successfully conducted a free medical camp at Basic Health Unit (BHU) Jalab Gandan in Tehsil Dasht, District Mastung, on September 14, 2023. The camp addressed the healthcare needs of 481 underserved individuals by offering general medical check-ups, consultations, and distributing medicines. Health education sessions were also provided, focusing on hygiene, nutrition, and vaccinations. A special emphasis was placed on raising awareness about COVID-19 preventive measures. The camp's impact was highlighted by individual recovery stories, like that of Mehbooba, whose improved health symbolizes the camp's positive influence. This initiative would not have been possible without the efforts of our dedicated healthcare professionals, volunteers, and sponsors.



## 6. Free Medical Camp in Kuruk, Sibi:

- Date: October 29, 2023
- Location: Kuruk area of Sibi
- Services: Treatment of over 500 patients with free medication.
- Collaboration: Worked closely with local authorities and healthcare professionals to ensure the camp's success.

### Free Medical Camp in Kuruk, Sibi



On October 29, 2023, KKRF held another free medical camp in the Kuruk area of Sibi, where over 500 patients were treated with free medical consultations and medication. This camp addressed the health needs of the local population, many of whom lack regular access to healthcare services. KKRF CEO Ms. Zulekha personally interacted with the



community, emphasizing the foundation's mission to provide accessible healthcare in underserved regions. With the support of local authorities, including the Deputy Commissioner and District Health Officer, this camp was a major step toward improving the health and well-being of the Kuruk community.



### 7. Empowering Female Home-Based Workers:

- Location: Killi Almas, Jhatak Abad, Air Port Road Quetta
- Focus: Addressing gender-based violence, legislative protections, and women's empowerment.
- Highlights: Insights into the Balochistan Home Based Workers Act, 2022, and social security measures were discussed with the community.

#### Empowering Female Home-Based Workers: Awareness Session in Quetta - 2023

As part of KKRF's focus on women's empowerment, an awareness session was organized in Killi Almas, Jhatak Abad, Quetta. This event, designed for female home-based workers, addressed critical topics such as gender-based violence, women's rights, and legislative protections. The session also highlighted the Balochistan Home Based Workers Act of 2022, ensuring equal rights and benefits for home-based workers. A diverse panel of speakers, including Mr. Haji Naeem from the Labor and Manpower Department, provided valuable insights into labor laws, social security, and women's empowerment. This event underscored KKRF's commitment to educating and empowering women to take charge of their economic and social well-being.



## 8. Distribution of Health and Hygiene Kits:

- Location: Quetta District (Kali Alams Airport Road and Sariab Road)
- Beneficiaries: Over 500 women received essential health and hygiene kits.
- Objective: To enhance domestic and physical hygiene practices among women in the region.

### Distribution of Health and Hygiene Kits in Quetta District – 2023

To promote hygiene and health among women in Quetta district, KKRF distributed more than 500 health and hygiene kits in areas such as Kali Alams and Sariab Road. The kits, which included essential items like sanitary pads, soap, hand sanitizer, and disinfectants, were distributed during a community event where KKRF CEO Zulekha Hameed led an educational session on domestic and physical hygiene. The initiative aimed to enhance health practices among women, empowering them with the knowledge and resources needed to maintain cleanliness in their households. This project is part of KKRF's ongoing commitment to improving health and living conditions in underserved communities.



## 9. Case Study:

### • Mehbooba's Journey to Recovery



- Mehbooba, a 7-year-old girl from Jalab Gandan Tehsil Dasht, District Mastung, encountered a formidable health challenge when her family noticed alarming changes in her eyesight two years ago. Despite facing significant hurdles during her illness, Mehbooba's story took a positive turn during the recent medical camp organized by the Kathleen Kamal Raisani Foundation.

- Born into modest circumstances, Mehbooba's health took a downturn at the age of 5, leading to a period of illness that left her weakened. Her family's efforts to administer medication marked a turning point after 15 days, as she began to recover. However, a new and unexpected challenge emerged – Mehbooba started losing her eyesight.

- During the medical camp, Mehbooba's case caught the attention of the ophthalmologist, who diagnosed her with

Paediatric Optic Neuritis (PON). The gravity of the situation prompted immediate measures, and Mehbooba was referred for further treatment at an eye hospital. The proactive approach aimed to provide her with the best chances of recovery and retaining any remaining eyesight.

- Following the screening and intervention, Mehbooba's demeanour underwent a transformation. Despite the challenges, her face lit up with a smile. The medical team's efforts and the expertise of the ophthalmologist not only identified her condition but also initiated a path towards potential recovery.
  - Mehbooba's story serves as a poignant reminder of the positive impact of medical camps in underserved communities. The case underscores the critical importance of timely intervention and the need for awareness about paediatric eye conditions. By including Mehbooba's journey in this report, we celebrate a success story that embodies the Foundation's commitment to improving healthcare accessibility and making a meaningful difference in the lives of individuals.
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## 10. Case Study:

### A Journey of Resilience: Hamid Ullah's Fight for Health and Hope with the Support of the Kathleen Kamal Raisani Foundation



My name is Hamid Ullah, and I am a 17-year-old boy from Killi Kateer Mula Khail Abad, Kuchlak, District Quetta. Life has not been easy for me or my family. My father, Muhammad Amin, is nearly 70 years old and too weak to work, which leaves us struggling to make ends meet. Our family consists of six members, including my eldest brother, who works as a waiter at a local hotel. Though he is married and tries to support us, it is not enough to cover all our needs. My second brother suffers from severe mental health issues and is paralyzed, leaving him dependent on us for care. I am the third in line, and I was once healthy. But from the age of 12, my health began to deteriorate, and over time, I became weaker and weaker.

Our financial situation meant that we could only seek medical attention from free government hospitals. However, despite numerous checkups, my condition continued to worsen, and we were left feeling hopeless. That all changed when my brother received a phone call from a kind-hearted woman named Zulekha, who runs the Kathleen Kamal Raisani Foundation. She had heard about my case from a medical store owner and expressed her desire to help me with my treatment. Miss Zulekha's call was the first glimmer of hope we had seen in a long time.

After speaking with us and gathering the details of my health condition, Miss Zulekha took immediate action. She arranged travel for me, my father, and my mother to Karachi and secured an appointment at Agha Khan





Hospital, one of the best hospitals in Pakistan. For the first time in my life, I was leaving my hometown in search of the treatment I so desperately needed. The journey filled me with hope that I might finally recover.

At Agha Khan Hospital, the doctors conducted several medical tests, and the entire expense was covered by Miss Zulekha's foundation. Her



representative stayed by our side, ensuring we had everything we needed. The doctors discovered the seriousness of my condition and advised that my treatment would be extremely expensive—far beyond what we could afford.

Realizing the financial burden, the foundation representative quickly shifted me to Indus Hospital in Karachi, where I was admitted for further treatment. After a few days, I started feeling better, and I was discharged to return to Quetta. However, my condition worsened again soon after. Once more, I reached out to Miss Zulekha, and she responded with the same kindness and urgency, arranging for my admission at Bolan Medical College in Quetta.

In Quetta, the Provincial Ombudsman of Balochistan, Advocate Nazar Baloch, visited me along with his team. Under the guidance of Miss Zulekha and the Kathleen Kamal Raisani Foundation, they encouraged the doctors to give me the best care possible. But after just one day in the hospital, it became clear that I needed to return to Karachi for more advanced treatment.

The foundation wasted no time in arranging transportation back to Indus Hospital, Karachi, where I was re-admitted. My condition upon arrival was critical—high-grade fever, post-operative bleeding, and severe complications from my previous surgery. The doctors diagnosed me with a perforated bowel and performed a major surgery, including a Brookes double-barrel stoma. The treatment was extensive, involving draining fluids from my abdominal cavity and cleaning my bowel. It was a long and painful journey, but after several days, I began to recover.

With the foundation's constant support, I was able to get back on my feet. They not only covered my medical expenses but also took care of the transportation, food, and lodging for my family, who stayed with me throughout my treatment. The compassion and dedication of Miss Zulekha and the Kathleen Kamal Raisani Foundation have given me a second chance at life.

Today, as I continue my recovery, I feel immense gratitude. I have hope that, In Sha Allah, I will fully heal. Inspired by the generosity shown to me, I aspire to help others in need, just as the foundation has helped me. My dream is to give back to my community and ensure that no one faces the struggles I have endured alone.

This is my story, and I owe my journey of recovery to the Kathleen Kamal Raisani Foundation. They have changed my life, and I pray to one day be able to do the same for others.

## 11. Case Study:

### A Ray of Hope for Mah Bibi: Overcoming Life's Limitations with Grace and Strength



In a remote village nestled in the rugged terrain of Othal, District Lasbela, lives a little girl named Mah Bibi. At just seven years old, Mah Bibi has endured a lifetime of struggles. Born to a humble family, she was once a symbol of hope and joy to her parents, but as time passed, their happiness was shadowed by a growing concern.

When Mah Bibi was just a year old, her father eagerly bought her a pair of delicate, pink shoes, imagining the day his daughter would toddle across their home, filling it with laughter. But that day never came. As other children began to take their first steps, Mah Bibi remained unable to stand on her own. Her parents, worried yet hopeful, took her to a local doctor, who assured them that she would walk by the age of seven. It was a promise they clung to with every ounce of hope in their hearts.

But as the years passed, their worst fears came true. Instead of getting better, Mah Bibi's condition worsened. By the age of seven, her legs had become twisted, rendering her unable to walk. She could only crawl, using her hands and feet to move around, her every step a painful struggle. Life, as Mah Bibi knew it, was confined to the four walls of her home. Bathing, moving, and even the simplest activities that most children took for granted became monumental challenges for her.

In her soft, innocent voice, Mah Bibi shared a heart-wrenching wish: "I wish I could play outside with the other children." Her father often noticed her longing gaze as she watched children run and laugh outside their home. But no matter how much she wished, it wasn't possible. Her reality was different—a childhood trapped within her own body, her dreams bound by physical limitations.



Mah Bibi's father, a hardworking man with meager means, felt powerless. Despite his love for his daughter, he could not afford the expensive treatments and equipment she desperately needed. It broke his heart to see his little girl's life restricted, her once joyful spirit dimmed by the weight of her condition.

Doctors advised them to make long-term arrangements for Mah Bibi—she would need a medical walker or wheelchair to navigate her life. But for a father already struggling to provide the basics, this was a nearly impossible dream. Yet, the thought of giving up on his daughter was unthinkable.

Fate took a compassionate turn when a local philanthropist introduced Mah Bibi's family to the Kathleen Kamal Raisani Foundation (KKRF). Upon hearing her story, the foundation immediately



sprang into action, recognizing the urgency of Mah Bibi’s need. A brand new wheelchair was donated to Mah Bibi, a simple gift that would forever change the course of her life.

The moment she received her wheelchair, Mah Bibi’s face lit up with a smile that radiated pure joy—a smile that had been buried under years of hardship and pain. Her eyes, filled with gratitude and hope, sparkled for the first time in a long while. “I know I can’t run and play like the other kids,” she said softly, “but now, with my wheelchair, I can go outside and watch them. I can feel the sunshine on my face.”

For Mah Bibi, the wheelchair represented more than just mobility. It was her gateway to the world outside—a world she had only been able to observe from a distance. Her father’s eyes welled with tears as he witnessed his daughter’s renewed sense of freedom, something he feared she might never experience. He expressed his deepest gratitude to the foundation: “Without your kindness, I could never have given her this chance. You have not just given her a wheelchair—you’ve given her a life.”

The Kathleen Kamal Raisani Foundation’s generosity didn’t just provide a wheelchair—it restored hope to a family that had almost lost it. It brought a smile to a little girl’s face, a smile that had been hidden for too long. Mah Bibi’s journey is one of resilience, love, and the belief that even in the face of insurmountable odds, kindness can spark change.

As Mah Bibi now ventures out, watching children play, her wheelchair has become a symbol of hope, not just for her, but for all those who witness her strength. Though her body may be limited, her spirit remains boundless—free to dream, free to explore, and free to live.



## Government's Commitment to Empower Women: KKRF's Role Highlighted at Executive Board Meeting

The Provincial Adviser for Women's Development, Dr. Rubaba Buledi, affirmed the Balochistan government's commitment to addressing the traditional challenges faced by women and girls in the province during an executive board meeting chaired by Dr. Kamal Raisani, the founding leader of the Kathleen Kamal Raisani Foundation (KKRF). The meeting, held in Quetta, emphasized the government's efforts to ensure that women and girls in Balochistan are provided with all the rights they deserve, in a systematic and dignified manner.

The meeting was attended by several prominent figures, including former Member of Balochistan Assembly Shakila Naveed Dehwar, Foundation Chairperson Gul Nisa, Co-Chairperson Sanam Gul, Chief Executive Zulekha Raisani, DMS Civil Hospital Quetta Dr. Mehboob Qambrani, representatives from First Women Bank Uzma Jatoi and Firdous Jatoi, as well as KKRF's Director of Finance Sania Haq, Director of Programs Mahwish Saeed, Deputy Director of Programs Salma Roshan, Legal Advisor Khudai Nazar Advocate, and Director of Admin and HR Mansoor Gul.

Dr. Rubaba Buledi praised KKRF's contributions across various fields, highlighting the shared goals of the foundation and the provincial government in empowering women. She expressed the government's intent to address women's challenges in sectors such as agriculture, where no formal rules have yet been established. She also stressed the need to increase provincial resources to achieve set targets for women's empowerment and expressed her appreciation for KKRF's work in remote areas of Balochistan. She urged the foundation to expand its scope further.

In his remarks, Dr. Kamal Raisani, the founding leader of KKRF, shared his vision for the foundation, established in 2022 to uplift the people of Balochistan. Having experienced poverty firsthand, he emphasized his commitment to reducing poverty in the province and empowering youth through skill development programs. He stated, "If we can reduce poverty by even one percent in Balochistan, I will consider it a great honor."

Former Assembly Member Shakila Naveed Dehwar lauded the foundation's work in health and education, calling it an exemplary model for other institutions. She emphasized the importance of KKRF's mission in continuing the humanitarian work inspired by the late Kathleen Kamal Raisani, whose legacy lives on through the foundation's efforts.



## "Kathleen Kamal Raisani Foundation's Efforts to Empower Women Praised by Dr. Rababa Khan Bilidi"

**Activity Report:** On September 5, 2024, the Adviser to Chief Minister Balochistan on Women Development, Dr. Rababa Khan Bilidi, met with the leadership of the Kathleen Kamal Raisani Foundation (KKRF) to discuss pivotal initiatives aimed at enhancing facilities for women, promoting overseas skill opportunities, and increasing financial literacy in Balochistan.

During the meeting, Dr. Bilidi emphasized the importance of equipping women with essential skills and financial knowledge, viewing these as vital tools for self-sufficiency and social development. She also highlighted the review of the Memorandum of Understanding (MOU) between the Women Development Department and KKRF, stressing the need for stronger communication between related institutions and the department. This, she noted, would enable women across Balochistan to better access services designed for their welfare.

Dr. Bilidi expressed her admiration for the proactive approach and dedication of KKRF in uplifting women and noted that the foundation's initiatives are playing a commendable role in the region's progress. She pledged full support from the Department of Women Development, emphasizing the importance of collective efforts to empower women across the province.

KKRF's continued commitment to creating empowering programs for women, such as skills training and financial literacy initiatives, reflects its larger mission of fostering economic growth and social inclusion for women in underserved regions.





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## **KATHLEEN KAMAL RAISANI FOUNDATION (KKRF) - FUTURE STRATEGIC PLANS**

### **1. Education and Literacy Initiatives**

- **School Development:** Build and renovate schools in remote areas.
- **Teacher Training:** Train teachers in modern techniques.
- **Girls' Education:** Increase female enrolment through scholarships and awareness campaigns.
- **Adult Literacy:** Improve basic literacy skills among adults.
- **Election Literacy:** Work with ECP to educate citizens on voting rights and electoral processes.

### **2. Healthcare and Medical Services**

- **Mobile Clinics:** Provide healthcare in remote areas.
- **Maternal and Child Health:** Improve prenatal, postnatal, and paediatric care.
- **Health Awareness:** Raise awareness about health issues and preventive care.
- **Mental Health:** Address psychological support needs in conflict-affected areas.

### **3. Economic Empowerment**

- **Skill Development:** Offer vocational training in trades like carpentry, tailoring, and IT.
- **Microfinance:** Provide microloans and business support to women and youth.
- **Agricultural Development:** Promote sustainable farming practices.

### **4. Infrastructure and Basic Services**

- **Water and Sanitation:** Ensure clean drinking water and sanitation facilities.
- **Renewable Energy:** Introduce solar power in off-grid areas.
- **Transport Infrastructure:** Improve road access and transport networks.

### **5. Emergency Response and Disaster Management**

- **Disaster Preparedness:** Train communities in disaster response.
- **Emergency Fund:** Establish a fund for immediate assistance.
- **Rehabilitation:** Support long-term recovery after disasters.

### **6. Environmental Conservation**

- **Reforestation:** Promote tree-planting and sustainable forestry.
- **Water Management:** Focus on sustainable water use and conservation.
- **Waste Management:** Initiate recycling and safe disposal programs.

### **7. Social and Cultural Preservation**

- **Cultural Heritage:** Preserve and promote traditional arts and crafts.
- **Community Engagement:** Organize events to promote social cohesion.
- **Youth Development:** Encourage youth participation in sports and recreation.

### **8. Advocacy and Policy Influence**

- **Rights Advocacy:** Support marginalized groups in policymaking.
- **Policy Reform:** Advocate for education, healthcare, and economic development reforms.
- **NGO Capacity Building:** Enhance the effectiveness of local NGOs.

### **9. Technology and Innovation**

- **Digital Literacy:** Bridge the technology gap, focusing on youth and women.
  - **ICT in Education:** Integrate technology into educational programs.
  - **E-Governance:** Support local governments in implementing e-governance solutions.
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**NEWSPAPER CUTTINGS**

کیتھلین کمال ریسانی فاؤنڈیشن کے تحت دشت میں مفت کیمپ  
 855 مریشوں کا معائنہ اور ادویات دی گئیں، 210 مریشوں کے ٹیسٹ بھی کئے گئے  
 کوئٹہ (اسٹاف رپورٹر) کیتھلین کمال ریسانی فاؤنڈیشن کے زیر اہتمام چلب گندان دشت میں ایک روزہ فری  
 میڈیکل کیمپ کا انعقاد، 855 مریشوں کا طبی معائنہ کیا اور ادویات فراہم کی گئیں۔ کیتھلین کمال ریسانی فاؤنڈیشن  
 کی چیف ایگزیکٹوز ڈائریکٹر ریسانی نے بتایا کہ کیتھلین کمال ریسانی فاؤنڈیشن کے سربراہ ڈاکٹر کمال ریسانی کی ہدایت پر  
 گزشتہ روز کوئٹہ سے ملحقہ علاقے دشت کے بنیادی مرکز صحت چلب گندان دشت میں ایک روزہ فری میڈیکل  
 کیمپ کا اہتمام کیا گیا جس میں ماہر ڈاکٹروں کی ٹیم نے 855 مریشوں کا طبی معائنہ کیا، 749 مریشوں کو ادویات  
 فراہم، 210 مریشوں کے شوگر، کولیسٹرول، ایچ سی وی، ایچ بی ٹیسٹ کئے گئے اور 139 مریشوں کو مزید علاج  
 کیلئے کوئٹہ کے سرکاری اسپتالوں میں ریفر کیا گیا۔



ہفتہ 29 رخصتہ 1445ھ 16 رجبہ 2023ء



Dr Rubaba Khan Buledi @Dr\_RubabaBuledi

Met with the leadership of Kathleen Kamal Raisani Foundation (KKRF). We discussed initiatives for women's skill development, financial literacy & self-reliance. Provincial government is committed to supporting women's empowerment through collaborative efforts & policies. #WomenEmpowerment #WomenDevelopment #Balochistan



**NEWSPAPER CUTTINGS**



بہن کے ریسٹائری فائونڈیشن کے زیر اہتمام فری میڈیکل کیپ کے شرکا

بہن: فری میڈیکل کیپ میں  
5 سو سے زائد مریضوں کا معائنہ  
کوئٹہ (پ ر) کے کے ریسٹائری فائونڈیشن  
کے زیر اہتمام ہیکلٹھ یونٹ کراک میں قائم ایک روزہ فری میڈیکل کیپ میں پانچ سو سے زائد مریضوں کا معائنہ اور مفت ادویات فراہم کی گئیں۔ فائونڈیشن کی چیف ایگزیکٹو ڈائریکٹر ریسانی نے بتایا کہ گزشتہ روز فائونڈیشن کے سربراہ ڈاکٹر کمال ریسانی کی ہدایت پر ہیکلٹھ یونٹ میں ایک روزہ فری میڈیکل کیپ قائم کیا گیا جس میں جنرل فزیشن کا کالوجسٹ پر مشتمل ڈاکٹروں کی ٹیم نے پانچ سو سے زائد مریضوں کا طبی معائنہ کیا اور انہیں مفت ادویات فراہم کیں، انہوں نے بتایا کہ میڈیکل کیپ پر مختلف شعبوں سے وابستہ ماہرین ڈاکٹرز کی موجودگی میں مریضوں نے فری کونسلنسی سے استفادہ حاصل کیا۔ چیف ایگزیکٹو ڈائریکٹر ریسانی نے بتایا کہ صوبے کے دیگر علاقوں میں بھی فری میڈیکل کیپ قائم کئے جائیں گے، کراک اور اس سے ملحقہ علاقوں کے لوگوں نے بڑی تعداد میں کیپ کا دورہ کیا اور کیپ سے استفادہ حاصل کیا۔



کے کے ریسٹائری فائونڈیشن کے تحت کراک میں مفت طبی کیپ

500 سے زائد مریضوں کا معائنہ اور ان میں مفت ادویات تقسیم کی گئیں

کوئٹہ، (پ ر) کے کے ریسٹائری فائونڈیشن کے زیر اہتمام ہیکلٹھ یونٹ کراک میں قائم ایک روزہ فری میڈیکل کیپ میں پانچ سو سے زائد مریضوں کا معائنہ اور مفت ادویات فراہم کی گئیں، کینیٹیلین کمال ریسانی فائونڈیشن کی چیف ایگزیکٹو ڈائریکٹر ریسانی نے بتایا کہ گزشتہ روز فائونڈیشن کے سربراہ ڈاکٹر کمال ریسانی کی ہدایت پر ہی میں واقع ان کے آبائی گاؤں کراک کے ہیکلٹھ یونٹ میں ایک روزہ فری میڈیکل کیپ قائم کیا گیا، فری میڈیکل کیپ میں جنرل فزیشن، گائناکالوجسٹ پر مشتمل ڈاکٹروں کی ٹیم نے پانچ سو سے زائد مریضوں کا طبی معائنہ کیا اور انہیں مفت ادویات فراہم کی گئیں، انہوں نے بتایا کہ میڈیکل کیپ پر مختلف شعبوں سے وابستہ ماہرین ڈاکٹرز کی موجودگی میں مریضوں نے فری کونسلنسی سے استفادہ حاصل کیا۔ چیف ایگزیکٹو ڈائریکٹر ریسانی نے بتایا کہ صوبے کے دیگر علاقوں میں بھی فری میڈیکل کیپ قائم کئے جائیں گے، کراک اور اس سے ملحقہ علاقوں کے لوگوں نے بڑی تعداد میں کیپ کا دورہ کیا اور کیپ سے استفادہ حاصل کیا۔



بہن کے کے ریسٹائری فائونڈیشن کے زیر اہتمام ہیکلٹھ یونٹ کراک میں قائم ایک روزہ فری میڈیکل کیپ میں ڈاکٹر مریضوں کا طبی معائنہ اور ادویات فراہم کر رہے ہیں



NEWSPAPER CUTTINGS

**خواتین کو بااختیار بنانے کیلئے اقدامات کر رہے ہیں ربابہ بلیدی**  
**بلوچستان میں غربت کے خاتمے کیلئے کوشاں ہیں ڈاکٹر کمال ریسائی کا اجلاس سے خطاب**

کوئٹہ (سٹاف رپورٹر) صوبائی مشیر و سیکرٹری ڈیپلومیٹ ڈاکٹر ربابہ بلیدی نے کہا ہے کہ بلوچستان حکومت صوبے کے رواجی مسائل حل اور خواتین کو بااختیار بنانے کیلئے اقدامات کر رہی ہے، ہمارا ہوا سوسائٹی خواتین اور بچوں کو بااختیار، باعزت طریقے اور ملگرمندانہ سے دو حتمی حرق فراہم کرتا ہے جن کی



کوئٹہ، صوبائی مشیر و سیکرٹری ڈیپلومیٹ ڈاکٹر ربابہ بلیدی، ڈاکٹر کمال ریسائی کی زیر صدارت ہونے والے کنٹیننٹل کال ریسائی فاؤنڈیشن کے ایگزیکٹو بورڈ کے اجلاس سے خطاب کر رہی ہیں

36 ربابہ بلیدی

ایگزیکٹو بورڈ کے اجلاس میں ربابہ بلیدی نے کہا ہے کہ بلوچستان حکومت صوبے کے رواجی مسائل حل اور خواتین کو بااختیار بنانے کیلئے اقدامات کر رہی ہے، ہمارا ہوا سوسائٹی خواتین اور بچوں کو بااختیار، باعزت طریقے اور ملگرمندانہ سے دو حتمی حرق فراہم کرتا ہے جن کی

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**Govt. to empower women, to provide all rights to women, girls: Dr. Rubaba**

**By Our Reporter**

QUETTA Provincial Women's Development Dr. Rubaba Baloch has said that the Balochistan government is taking steps to solve the traditional problems of the province and to empower women. Her vision is to provide all the rights to the women and girls of the province in a dignified and systematic manner. What she stressed was that while addressing the executive board meeting chaired by Dr. Kamal Raisani, the founding leader of Kathleen Kamal Raisani Foundation in Satekby.

On this occasion, former Member of Balochistan Assembly Shabista Naveed Drazwar, Foundation Chairperson Gul Nisa, Co-Chairperson Sanam Gul, Chief Executive Zulekha Raisani, DMS Civil Hospital Quetta Dr. Mehbub Qambrani, First Women Bank Vama Jato, Firdous Jatoi, Foundation Director Feroze Sania Hani, Director Program Maryam Saad, Deputy Director Program Salma Roshan, Legal Advisor Khushi Nazam Advocate, Director Adnan and HR Manager Gul and others were also present.

Provincial Advisor for Women Development Dr.



Nawabzada Lashkari Raisani meeting with Dr. Kamal Raisani in Sarawan House, Quetta.



کوئٹہ، ڈاکٹر ربابہ بلیدی کی زیر صدارت ہونے والے کنٹیننٹل کال ریسائی فاؤنڈیشن کے ایگزیکٹو بورڈ کے اجلاس سے خطاب کر رہی ہیں



کوئٹہ، صوبائی مشیر و سیکرٹری ڈیپلومیٹ ڈاکٹر ربابہ بلیدی، ڈاکٹر کمال ریسائی کی زیر صدارت ہونے والے کنٹیننٹل کال ریسائی فاؤنڈیشن کے ایگزیکٹو بورڈ کے اجلاس سے خطاب کر رہی ہیں

**NEWSPAPER CUTTINGS**

**خواتین کی معاشی خود مختاری کیلئے انہیں ضروری مہارتوں سے آراستہ کرنا ضروری ہے، ڈولپمنٹ ریسیانسی**

کوئٹہ (پ ر) سیکھنے کمال ریسیانسی فاؤنڈیشن کی فلاح و بہبود کے لئے صوبے میں فعال کردار ادا کر رہی ہے۔ ترقی نسوان کے درمیان موثر رابطے قائم کر کے چیف ایگزیکٹو ڈولپمنٹ ریسیانسی نے کہا ہے کہ بلوچستان میں خواتین کی معاشی خود مختاری کیلئے انہیں ضروری مہارتوں سے آراستہ کرنا وقت کی ضرورت ہے۔ معاشرتی ترقی کے لئے ہمیں، فاؤنڈیشن کے بانی سربراہ ڈاکٹر کمال ریسیانسی کی ہدایت پر سیکھنے کمال ریسیانسی فاؤنڈیشن خواتین کی فلاح و بہبود کے لئے صوبے میں فعال کردار ادا کر رہی ہے، یہ بات انہوں نے خواتین کے وفد سے ملاقات میں گفتگو کرتے ہوئے کہی۔ ڈولپمنٹ ریسیانسی نے مزید کہا کہ سیکھنے کمال ریسیانسی فاؤنڈیشن صوبے میں خواتین کو بہتر سہولیات کی فراہمی، انہیں مہارتوں کے مواقع اور مالیاتی خود نمائی کے پروگرامز پر کام کر رہی ہے تاکہ خواتین کو ضروری مہارتوں اور مالیاتی خود نمائی سے آراستہ کر کے انہیں ذاتی کفالت اور معاشرتی ترقی کے لئے مواقع فراہم کر سکے۔ انہیں اس سلسلہ میں ملحق ترقی نسوان اور سیکھنے کمال ریسیانسی فاؤنڈیشن کے مابین مفہمی یادداشت (MOU) ترمیم دیا جا رہا ہے، تاکہ خواتین کو متعلقہ سہولیات فراہم کرنے والے اداروں اور محکمہ



**KKRF playing vital role for women in Balochistan**

QUETTA: Chief Executive of Kathleen Kamal Raisani Foundation (KKRF) has said that equipping women with necessary skills for economic independence in Balochistan is the need of the hour and important for social development.

The foundation is playing an active role in the province for the welfare of women, he said while talking to the delegation of women on Tuesday.

Zulekha Raisani further said that Kathleen Kamal Raisani Foundation (KKRF) is working on providing better facilities to women in the province, providing them with skills opportunities and financial literacy programs to equip women with necessary skills and financial literacy to give them opportunities for self-sufficiency and social development be provided.

In this regard, a memorandum of understanding (MOU) is being drawn up between the Women's Development Department and the Kathleen Kamal Raisani Foundation, in order to improve the women of Balochistan by establishing effective communication between the women's development department and the institutions that provide related facilities to women. To ensure service.

He said that the society will develop only by increasing the political and social participation and leadership role of women by empowering them economically, equipping them with modern skills for sustainable development and social improvement.

**خواتین کی معاشی خود مختاری کیلئے انہیں ضروری مہارتوں سے آراستہ کیا جائے، ڈولپمنٹ ریسیانسی**

کوئٹہ (پ ر) سیکھنے کمال ریسیانسی فاؤنڈیشن صوبے میں خواتین کی فلاح و بہبود کے لئے فعال کردار ادا کر رہی ہے، چیف ایگزیکٹو ڈولپمنٹ ریسیانسی نے کہا ہے کہ بلوچستان میں خواتین کی معاشی خود مختاری کیلئے انہیں ضروری مہارتوں سے آراستہ کرنا وقت کی ضرورت ہے۔ معاشرتی ترقی کے لئے ہمیں، فاؤنڈیشن کے بانی سربراہ ڈاکٹر کمال ریسیانسی کی ہدایت پر سیکھنے کمال ریسیانسی فاؤنڈیشن خواتین کی فلاح و بہبود کے لئے صوبے میں فعال کردار ادا کر رہی ہے، یہ بات انہوں نے خواتین کے وفد سے ملاقات میں گفتگو کرتے ہوئے کہی۔ ڈولپمنٹ ریسیانسی نے مزید کہا کہ سیکھنے کمال ریسیانسی فاؤنڈیشن صوبے میں خواتین کو بہتر سہولیات کی فراہمی، انہیں مہارتوں کے مواقع اور مالیاتی خود نمائی کے پروگرامز پر کام کر رہی ہے تاکہ خواتین کو ضروری مہارتوں اور مالیاتی خود نمائی سے آراستہ کر کے انہیں ذاتی کفالت اور معاشرتی ترقی کے لئے مواقع فراہم کر سکے۔ انہیں اس سلسلہ میں ملحق ترقی نسوان اور سیکھنے کمال ریسیانسی فاؤنڈیشن کے مابین مفہمی یادداشت (MOU) ترمیم دیا جا رہا ہے، تاکہ خواتین کو متعلقہ سہولیات فراہم کرنے والے اداروں اور محکمہ

خدمت یقینی بنائی جاسکے، انہوں نے کہا کہ خواتین کے حقوق کے تحفظ، ان کی معاشی نمونوں میں اضافہ، پائیدار ترقی اور سماجی بہتری کیلئے جدید مہارتوں سے آراستہ معاشی طور پر بااختیار بنا کر ان کی سیاسی و سماجی شراکت اور قائدانہ کردار بڑھانے میں اضافہ سے ہی معاشرہ ترقی کرے گا۔

**آزادی**

سربراہ ڈاکٹر کمال ریسیانسی کی ہدایت پر سیکھنے کمال ریسیانسی فاؤنڈیشن خواتین کی فلاح و بہبود کے لئے صوبے میں فعال کردار ادا کر رہی ہے، یہ بات انہوں نے خواتین کے وفد سے ملاقات میں گفتگو کرتے ہوئے کہی۔ ڈولپمنٹ ریسیانسی نے مزید کہا کہ سیکھنے کمال ریسیانسی فاؤنڈیشن صوبے میں خواتین کو بہتر سہولیات کی فراہمی، انہیں مہارتوں کے مواقع اور مالیاتی خود نمائی کے پروگرامز پر کام کر رہی ہے تاکہ خواتین کو ضروری مہارتوں اور مالیاتی خود نمائی سے آراستہ کر کے انہیں ذاتی کفالت اور معاشرتی ترقی کے لئے مواقع فراہم کر سکے۔ انہیں اس سلسلہ میں ملحق ترقی نسوان اور سیکھنے کمال ریسیانسی فاؤنڈیشن کے مابین مفہمی یادداشت (MOU) ترمیم دیا جا رہا ہے، تاکہ خواتین کو متعلقہ سہولیات فراہم کرنے والے اداروں اور محکمہ ترقی نسوان کے درمیان موثر رابطے قائم کر کے بلوچستان کی خواتین کی بہتر