



REPORT ON THE CELEBRATION OF WORLD HANDWASHING DAY AND BREAST CANCER AWARENESS”



“DETAILED REPORT ON THE CELEBRATION OF WORLD HANDWASHING DAY AND BREAST CANCER AWARENESS”

Location: Govt Girls High School Killi Sheikhan, Quetta

Date: 15th October 2024

Organized by: Kathleen Kamal Raisani Foundation (KKRF) in collaboration with SMAAJ Organization

Supported by: Women Development Department (WDD)

Event Overview

The “**Celebration of World Handwashing Day and Breast Cancer Awareness**” was organized to promote hygiene practices and raise awareness on significant health issues among schoolgirls and the community. The event aimed to educate participants on proper hand hygiene as a preventive measure against diseases and increase knowledge about breast cancer, emphasizing early detection and prevention.

Event Proceedings and Details

1. Registration & Attendance (10:00-10:30): KKRF Team facilitated registration and attendance of the students and guests. Registration began at 10:00 AM, with participants signing in to document attendance. This process ensured an organized start to the event, setting a positive tone for the day.

2. Recitation of the Holy Quran (10:30-10:35): The event commenced with a recitation from the Holy Quran, fostering a respectful and reflective atmosphere among attendees. Recitation of the Holy Quran was conducted by a volunteer

3. Welcome/Opening Remarks & Organizational Overview (10:35-10:45): Opening remarks and welcome was presented by Mr. Mansoor Gull, Director Admin & HR, KKRF Foundation. Mr. Gull extended a warm welcome to the participants and highlighted KKRF's mission to improve community health through awareness and education. He discussed the dual focus of the event on promoting proper hand hygiene and raising breast cancer awareness.

4. Interactive Session on World Handwashing Day (10:45-11:15): Interactive Session on World Handwashing Day was Facilitated by: Health Professionals. The session covered the global significance of World Handwashing Day and the importance of hand hygiene in preventing communicable diseases. Health professionals discussed the transmission of germs and demonstrated effective handwashing techniques to ensure thorough cleaning. Students actively participated, asking questions and practicing the steps during the session.



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5. Breast Cancer Awareness Session (11:15-11:45): Breast Cancer Awareness Session was Conducted by Dr. Rozina Sattar. Dr. Sattar delivered a compelling session on breast cancer awareness, focusing on the importance of early detection and the methods for self-examination. She emphasized recognizing warning signs and seeking medical help promptly, empowering participants with knowledge crucial for women's health. The presentation included real-life examples and informative visuals that engaged and educated attendees.

6. Handwashing Demonstration (11:45-11:55): This activity was led by KKRF Team. The KKRF team conducted a live demonstration on proper handwashing techniques. The step-by-step guide highlighted the effective way to clean hands, reinforcing the information shared earlier during the interactive session. Students were encouraged to participate and demonstrate their understanding.

7. Soap Distribution Among Participants (11:55-12:15): To promote continued practice of hand hygiene, the KKRF team distributed soaps to all participants. This gesture aimed to provide a practical resource for maintaining the hygiene lessons learned during the event.

8. Address by the Guest of Honor (12:15-12:25): Ms. Samina Zameer, Principal of Govt Girls High School Killi Sheikhan addressed the event. Ms. Zameer praised KKRF and the collaborating organizations for their dedication to health education. She emphasized the impact of events like these on students' awareness and the importance of practicing and spreading what they learn within their communities.

9. Address by the Chief Guest (12:25-12:35): Dr. Rubaba Buledi, Advisor to CM Balochistan, Women Development Department. Dr. Buledi commended the efforts to combine awareness of two critical health topics—handwashing and breast cancer—highlighting the holistic approach to improving community health. She expressed her support for continued initiatives that empower communities through education and practical engagement.

10. Shield and Certificate Distribution (12:35-12:5): To honor the contributions of the distinguished guests, shields and certificates were distributed to Dr. Rubaba Buledi, Dr. Rozina Sattar, and Ms. Samina Zameer. This gesture was a token of appreciation for their valuable participation, support, and efforts in promoting health awareness. The guests expressed their gratitude and reiterated their commitment to supporting similar initiatives in the future.

11. Closing Remarks by the Executive Director (12:45-12:55): Ms. Zulikha Raisani, Executive Director, KKRF Foundation. Ms. Raisani expressed gratitude to the speakers, school administration, and participants for making the event a success. She reiterated the foundation's commitment to fostering health awareness in the community and encouraged attendees to share their newfound knowledge with others.



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11. Group Photo (12:55-01:05): A group photo session was conducted, capturing the unity and collective commitment to promoting health practices and awareness.

12. Refreshments (01:05 onward): Refreshment was Provided by KKRF Foundation. Refreshments were served, allowing attendees to unwind and engage in informal conversations, reflecting on the topics discussed during the event.

Event Outcomes

- **Attendance:** The event saw participation from approximately 80 students, teachers, health professionals, and government representatives.
- **Awareness and Engagement:** The combination of interactive sessions, live demonstrations, and practical discussions led to active involvement and learning among attendees.
- **Empowerment and Knowledge Transfer:** The breast cancer awareness session empowered students with knowledge on early detection and preventive measures, while the handwashing component equipped them with practical health practices.
- **Practical Support:** The distribution of soaps reinforced the commitment to ensuring the continued practice of hand hygiene at home.

Feedback and Recommendations

Participants expressed appreciation for the informative sessions, stating that the content was both educational and impactful. Teachers and school administration recommended extending such programs to other schools and communities to widen the reach. Suggestions for future events included incorporating more health topics and increasing the duration of interactive activities.

Conclusion

The joint celebration of World Handwashing Day and Breast Cancer Awareness at Govt Girls High School Killi Sheikhan was a significant step in promoting health education. The event successfully met its objectives by combining knowledge-sharing with practical demonstrations, creating a comprehensive learning experience that encouraged better health practices and awareness among the community.

Picture Gallery



